



Building a Health Care Community

2009 Annual Report

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Driven by our mission:

To improve the health of people in our region.

Guided by our vision:

St. Luke's Health System will transform health care by aligning with physicians and other providers to deliver integrated, seamless, and patient-centered quality care across all St. Luke's settings.

Living our values:



Integrity

Compassion

Accountability

Respect

Excellence

For a complete list of 2009 donors, please visit stlukesonline.org/donate.

St. Luke's could not serve our communities without the generosity of our donors and volunteers. Philanthropy is the key to ensuring that St. Luke's continues to provide advanced technology, state-of-the-art facilities, and skilled professionals to transform health care and develop as a fully integrated health delivery system.



Health Care Excellence Takes a Community

Advanced health services close to home are vital to a growing, healthy community, and our communities are vital to St. Luke's. We are interconnected through a multifaceted web of relationships that leads to innovations and successes we could not achieve without each other. Together we bring primary care providers to rural areas. We craft child safety initiatives. We provide free community cancer screenings. We create an economic impact that goes well beyond St. Luke's jobs and ripples throughout Idaho. And together we are building a health system based on a commitment to community owned, locally governed, not-for-profit health care.

Led by physician, employee, and community leaders, and nationally recognized for safety and quality through awards and accreditation, St. Luke's is the result of a thousand single steps taken every day that add up to successful outcomes and "best practices" shared throughout the system. We know that the experience doesn't end when the patient leaves the hospital, and we are committed to engaging with patients throughout their lives. As we work together to implement our vision of a system of skilled, integrated, accessible, and affordable care, we will invest in our communities, and our communities will invest in us. New technology, facilities, and programs are all considered with the community's long-term needs and well-being in mind. To meet those needs, St. Luke's will invest \$1.28 billion over the next decade, including \$127 million that will come from philanthropy.

Health care is changing dramatically, and there is much work that needs to be done. But we can be proud of all we have accomplished together. Through thousands of patients, dozens of communities, hundreds of volunteers, over 800 physicians, and more than 7,800 employees, we have become one system of care, one unified voice for excellence, with one promise to care for all who come through our doors, regardless of their ability to pay.



A Vision Unfolds

If someone had asked Ed Dahlberg in 1988 if St. Luke's was going to become a health system, he would have said no. It just wasn't part of the strategy at the time. But St. Luke's evolved over the next two decades to meet the needs of a changing and growing region, building and strengthening relationships with health care providers and communities – always with the patient at the center.

From St. Luke's Internal Medicine – an innovative partnership that set the tone for future relationships – to St. Luke's Wood River, St. Luke's Mountain States Tumor Institute (MSTI) in Nampa and Fruitland, and St. Luke's Magic Valley, communities joined with St. Luke's because they trusted our commitment and the work we were doing. Single successes built on each other and led to the genesis of an interconnected system that would bring advanced care right to the patient, removing barriers such as long distances in winter weather, lack of transportation, inability to travel when ill, or unease with city driving.

Today St. Luke's is transforming from a hospital into an integrated team of health care providers, addressing the complex needs of patients and communities. And Ed has passed the torch to Dr. David Pate – the health system's new President and CEO.

“How much better for the patient to be cared for in a coordinated system,” Dr. Pate says. Better because care is managed throughout the system, and throughout the patient's life. Better because the experience doesn't end when the patient leaves the hospital – instead of fragmented episodes of care, we are staying engaged and working together.

“As an integrated system, there is one high standard of care at every St. Luke's facility,” Dr. Pate says. “Staff members share common values, and patients are partners in their own care. Doctors can concentrate on caring for patients – sharing technology, equipment, data, knowledge, and best practices to lower costs and improve patient outcomes.”

St. Luke's vision of transforming health care in the region is based on more than a century of commitment and partnerships in the communities we serve. And at the heart of it all is the patient.

“Our reputation for taking care of patients has created every opportunity we've had,” Ed says. “The doctors, the staff, the volunteer boards – our focus on patient care allowed this to happen.”

“People are vulnerable when they come to us.

The trust they put in us, depending on us to do the right thing – it's an overwhelming responsibility. I didn't want to fail.”

– Ed Dahlberg, former St. Luke's President and CEO



“Everything we do comes down to this:

It’s all about what’s best for the patient.”

– David C. Pate, MD, JD, St. Luke’s President and CEO



Dr. David Pate, left, and Ed Dahlberg



2009: A Tradition of Community Leadership

St. Luke's believes that locally governed hospitals and health foundations can take the best measure of community health needs. We are grateful to our board leadership for giving generously of their time and talents and bringing to the table their unique perspectives and intimate knowledge of their communities.

St. Luke's Health System Board of Directors



Pictured from left to right.

Seated: Alice Hennessey, Tom Saldin, Arthur F. (Skip) Oppenheimer, Brigette Bilyeu.

Standing: Larry Cope; James Smith, MD; David Dingman, MD; Ed Dahlberg; Jon Miller; Robert Lobb, MD; Alan Horner.

St. Luke's Boise/Meridian Board of Directors



Pictured from left to right.

Front row: J. Patrick McMurray, Thomas Zarges, A. J. Balukoff.

Second row: Thomas Huntington, MD; Jan Packwood; Carolyn Terteling-Payne; George Iliff; Thomas Coffman, MD; Avery Seifert, MD.

Back row, standing: Jim Everett, Mike Mooney, Gary Fletcher, Barbara Wilson, Donald J. (Jim) Nelson, Charles Wilson, Cathy Silak, Rich Raimondi, Peter Langhus, MD.

Not pictured: John Jackson, Gay Simplot, Bishop Brian Thom.

More than 460 community and physician leaders

volunteer to serve on St. Luke's boards and committees.





Jim Nelson, 1941-2010
St. Luke's Boise/Meridian Board Member since 1994

"Jim was the rock of the St. Luke's Board. His passion to make St. Luke's and the community better was undeniable."

– Gary Fletcher, St. Luke's Boise/Meridian CEO

St. Luke's Magic Valley Board of Directors



Pictured from left to right.

Front row: Eric Cassidy, DO; Brent Jussel; Cindy Collins; Tom Ashenbrenner; Judy Pollow; Mark Wright, DDS; Ben Katz, MD.

Back row: Gary Babel; Robert Ward, MD; Russ Newcomb, MD; Mark Schwartz; Terry Kramer; Shawn Barigar; Robert Alexander.

St. Luke's Wood River Board of Directors



Pictured from left to right.

Front row, seated: Preston Strazza; Cynthia Murphy; William (Bill) Boeger; John Chapman; Herb Alexander, MD; Sara Nelson; Morley Golden.

Middle row: Bruce Jensen; Vicki Riedel; Scott McLean, MD; Rich Holm; David Hinson; Scott Nelson.

Back row: Carl Barbee, MD; Terry Ring; Bob Henley; Keith Perry.

Not pictured: Thomas Crais, MD; David Dingman, MD; Rich Paris, MD; Martha Reed; Jon C. Thorson, MD.

To learn more about St. Luke's board leadership, visit stlukesonline.org/boards.



The Bronco Bunch Rules!

Eight-year-old Brenna Vogt loves playing soccer, baseball, and basketball. And she really loves Boise State football. Thanks to the Bronco Bunch program at St. Luke's, Brenna has gotten to know the Broncos up close and personal. The five-year-old program began with football players but today includes students from all athletic disciplines at Boise State who visit with kids at St. Luke's Mountain States Tumor Institute (MSTI) and St. Luke's Children's Hospital. A partnership of St. Luke's, St. Luke's Idaho Elks, and Boise State Athletics, the program also includes tickets to Boise State home football games, autograph sessions with players and coaches, and play time on the famous blue turf. New this year were two "On the Blue with BSU" events where 145 kids and family members took to the stadium for a day of fun with the team.

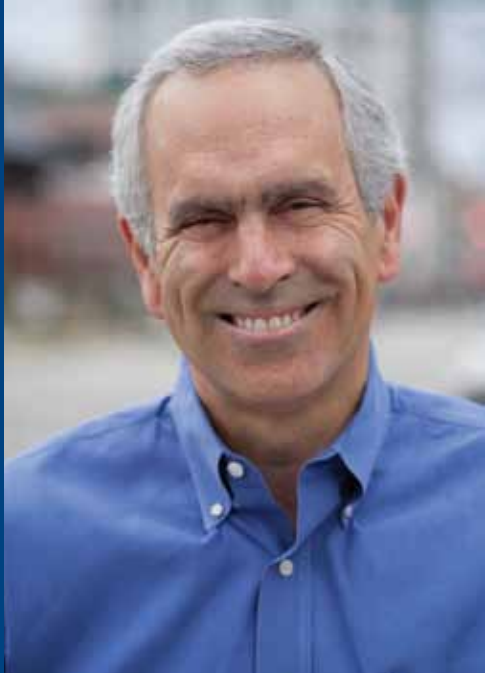
Brenna, who was diagnosed with acute lymphocytic (lymphoblastic) leukemia, or ALL, in 2009, took her whole family to On the Blue. One player taught her sister Audrey to throw and gave her his gloves. Another player raced with her brother Kyler. Others played around on the turf with Brenna and her twin sister Anna. "People forget that cancer affects the entire family," says Brenna's mom, Tammy. "This was so much fun for all our kids. The best thing about it was that we all just felt normal for a few hours."

Pictured at right: The Vogt Family enjoyed watching the Broncos play – in spite of the rain. Clockwise, from left: Kyler, Tammy, James, Anna, Brenna, and Audrey.



Brenna Vogt takes down Boise State's Trevor Harmon at "On the Blue with BSU."





An Advocate for St. Luke's

As a member of St. Luke's Boise/Meridian Board of Directors and chair of its External Relations/Advocacy Committee, Rich Raimondi is a dedicated supporter of St. Luke's and community-based health care. A recently retired Hewlett-Packard executive, Rich (pictured at left) sees his advocacy work as a meaningful way to give back. The committee focuses on strengthening philanthropy and raising awareness that the community owns St. Luke's and has a stake in its future. Working with business, government, and community leaders, the committee advocates for St. Luke's mission, vision, and goals. "If the committee does its job right," Rich says, "we can have a significant impact on St. Luke's, the community, and our patients."

Heart Care in Rural Areas

Many health care providers who are employed by or affiliated with St. Luke's take their practice on the road. Shannon Vaughn, a nurse practitioner with St. Luke's Idaho Cardiology Associates, is one of them. Shannon (pictured at right) performs pacemaker and defibrillator checks in Baker City, Oregon, and provides routine follow-up care with patients in both Baker City and nearby Union.

St. Luke's Idaho Cardiology Associates physicians and nurse practitioners also bring cardiovascular care to Weiser, McCall, and Ketchum, Idaho, and LaGrande and Ontario, Oregon. Coordinating each patient's care with their local primary doctor, they provide cardiac consultations, hospital and routine follow-up visits, and electrophysiology services including arrhythmia consultations and pacemaker and defibrillator checks.



More than 100 pediatricians and pediatric sub-specialists

care for children and their families at St. Luke's Children's Hospital.



Always Remembered, Always Loved

For Alisha Baithavong and Tracy Larsen, miracles happen every day. Working in the Newborn Intensive Care Unit at St. Luke's Magic Valley, they bear witness to the amazing recoveries of the hospital's smallest patients.

But grief is inherent in their jobs as well. When a baby is miscarried, stillborn, or dies shortly after birth, the nurses at St. Luke's are present to guide families through their loss. But Alisha and Tracy did even more; they were instrumental in gathering community support to create Serenity Garden – a burial option for families who do not want or cannot afford a traditional burial or cremation.

Serenity Garden at Sunset Memorial Park was created to preserve the memory of these babies so that families have a place to grieve their loss. "The Garden recognizes a life lost, and honors that life," Tracy says.

At Serenity Garden, families can place their child's name and information on a plaque displayed on a monument wall; they can also add personal items to a memorial chest. The burial and engraving are free to families who have lost a child since the Garden was established in July 2009.

All families, regardless of when or where they suffered the loss of a baby, are invited to attend an interfaith memorial service held in April, July, and October at Sunset Memorial Park. The service includes a prayer, music, a brief message, and the reading of the children's names.



Photo by Erin Mathson





A Kid Again Supports the NICU

Strictly for grown-ups, “A Kid Again” debuted in 2009 and immediately raised \$38,000 for the new St. Luke’s Magic Valley Newborn Intensive Care Unit (NICU). More than 250 people attended the inaugural event, joining in the fun and games, karaoke, silent auction, and sundae bar presented by St. Luke’s Magic Valley Health Foundation and “A Child’s Whisper,” a group of moms dedicated to enhancing the NICU experience for families. Proceeds support two “Room-Inn” rooms in the new hospital, where parents can bond with their baby and learn how to take care of his or her medical needs under the mentoring of the NICU staff.

Construction Impacts Local Economy

When it opens in 2011, the new St. Luke’s Magic Valley Medical Center will bring major advances in health care to a growing population. But long before the first patient walks through the door, the economic impact of the more than \$220 million facility has rippled throughout the region. At 40 acres and over 700,000 square feet, the project has meant \$174.5 million in design and construction costs alone. St. Luke’s has worked with 225 vendors including sub-contractors, architects, and engineers, and averages 350 construction workers on the site each day. And those sub-contractors and workers are putting dollars directly into the local economy through purchases of food, housing, fuel, tools, supplies, rentals, and more.



More than **\$30** million in St. Luke’s contracts have gone directly into ***the Magic Valley economy.***



Taking the Best Care of Babies

St. Luke's Boise and Meridian are "Magnet" hospitals, recognized by the American Nurses Credentialing Center for nursing excellence. Nursing research is an important part of Magnet designation, and at St. Luke's several studies are underway at the recently expanded Newborn Intensive Care Unit (NICU) in Meridian. The NICU has grown from six beds to 12, and is now separate from the Newborn Nursery. Before and after the expansion, NICU nurses collected data as part of a sound study through a St. Luke's nursing research fellowship, and found that NICU babies improved more quickly once they were separated from the crying and bustle of the Newborn Nursery. A sound study of this type has been done in very few Level II NICUs; Meridian hopes to be the first to publish their results.

The Meridian and Boise NICUs and Newborn Nurseries are also participating in a late preterm infant study through the Association of Women's Health, Obstetric and Neonatal Nurses. Late preterm infants (about 34-37 weeks gestation) sometimes fall through the cracks because they seem healthier than they are; the study is looking at ways to catch any problems right away. Also as part of a nursing research fellowship, post-partum nurses are studying "Kangaroo Care," a model that promotes skin-to-skin contact and breastfeeding within an hour of birth if mom and baby are stable. Studies show that these practices help regulate the baby's nervous system and temperature, stimulate lactation hormones, and promote bonding. Although the study focuses on full-term babies, Kangaroo Care can be done at any weight, and parents can hold babies skin-to-skin even with all the tubes and cords.





New “Endo” Unit Opens

The new Endoscopy/Medical Imaging Department at St. Luke’s Meridian is convenient for patients and efficient for doctors and staff, and is designed specifically for endoscopy, Medical Imaging Nursing, and epidural steroid injections (ESI). Endoscopy looks inside the body through a narrow flexible tube, or endoscope, and is used as a screening, diagnostic, and treatment tool. ESI uses steroids to reduce inflammation and relieve pain for conditions such as herniated discs and pinched nerves. And in Medical Imaging Nursing, staff care for patients undergoing procedures such as lung biopsy or Port-a-Cath placement for chemotherapy treatment.

Meridian Endo Techs Gregg Stanley, LPN and Gricelda Salayandia.

Take Two Belly Rubs and Call Me in the Morning

Pet Therapy took hold at St. Luke’s in 1992 when Emergency Department nurse Terri Koslowski and her dog Billy began visiting children on the Pediatrics Unit at St. Luke’s Boise. The program grew, and today these comforting canines visit patients throughout the health system. At St. Luke’s Meridian, dogs and their handlers visit on inpatient floors, in the Emergency Department, at physician clinics, and at St. Luke’s MSTI. All dogs complete six weeks of training, culminating in a full graduation party. Additional special training allows dogs to visit with patients undergoing treatment for cancer.

Pet Therapy teams give more than 2,100 hours to St. Luke’s each year. They also delight kids at the annual NICU Graduates and Pediatric Oncology parties and travel to Ketchum every summer to help the kids at Camp Rainbow Gold forget about their cancer for a while. Studies show that petting dogs causes the release of hormones that ease stress and depression and lower the heart rate. And feeling happy means faster healing.



Meridian Pet Therapy Volunteers, from left: Judy Miller and Charlie, Ann Prestel and Rugby.

In 2009 **429** Volunteers and **167** Junior Volunteers
gave **90,543** hours
to St. Luke's Boise and Meridian.



Community Prostate Screening Saves a Life

Jerry Decker's life changed when he saw the ad for St. Luke's Wood River's 2009 Heart of the Matter Cholesterol and Prostate Screening in Hailey. He decided it was well past time for his first PSA test to screen for prostate cancer. When he arrived at seven that April morning, the line for the popular event was already out the door. Jerry was due at work by eight, but was determined to get the tests. He barely had time for the blood draw before he had to hurry off to work.

Several days later he received the results: his test showed cancerous cells. The results were also sent to his doctor, who scheduled an immediate appointment. Jerry was then referred to Twin Falls urologist David Bowyer for treatment. Jerry's cancer was detected solely through the PSA test. His surgeon told him it was unlikely he would have lived through December without intervention.

"I would not be here today had I not taken advantage of the free screening," Jerry says. "I am very grateful for the test, but concerned that some men may put this off until it becomes a major problem. I not only ended up with metastasized cancer, but the surgery was much more radical than if it had been caught earlier."

Today Jerry's cancer is managed with hormonal chemotherapy injections every six months. And he is looking forward to returning to his favorite pastimes this spring – like spending time with his teen-age son.



Jerry Decker of Shoshone with his son Matthew.





Dedicated to Giving

Theresa Pemberton is passionate about women's health care. As treasurer of St. Luke's Volunteer Core Board and chair of the annual Winter Ball, Theresa (pictured at left) is in the thick of fundraising efforts for St. Luke's Wood River's Women's Imaging Center. The Volunteer Core made a four-year, \$100,000 pledge to the center; their efforts have been so successful that the Core expects to complete the pledge in just three years.

Theresa was inspired to join the Volunteer Core by her mother Patricia, who had served on the Board. A community volunteer for more than 20 years, Theresa says, "I know we are helping others with our efforts."

The Healing Touch

Gene Daniels attended the first Healing Touch workshop at St. Luke's Wood River after years of studying traditional Chinese medicine and alternative approaches to healing, and is working to become fully certified. He has come a long way from his 30-year career in corporate finance, a career he left after suffering a serious back injury while crash-landing his single engine airplane. Gene (pictured at right) tried to heal his back through chiropractic sessions, injections, and medical procedures, but nothing worked. The next option was surgery; instead, Gene turned to the study of alternative medicine.

Since avoiding back surgery through holistic healing, Gene is eager to help others as a volunteer Healing Touch provider at St. Luke's Wood River. Practitioners use a gentle touch of hands over or on the body to affect the body's energy fields. The goal is to restore harmony and balance in the energy system, enhancing the patient's ability to self-heal. "I was so excited to see St. Luke's embrace the possibility that energetic and integrative medicine had a place in the hospital and health care," he says.



1,019 people were screened at
"Heart of the Matter"
in 2009.



The Evolution of St. Luke's Clinic

The St. Luke's Clinic model has spread to more than 70 practices throughout southern and central Idaho, but it all started with a group of doctors in the Magic Valley. Through a partnership with what was then Magic Valley Regional Medical Center, these doctors developed a model of care that freed them from daily clinic management so they could focus on their patients. Based on collaboration and physician leadership, this partnership led to shared resources, increased efficiency, greater access for patients, and a mechanism to collect data and develop evidence-based practices. It also brought area doctors together to present a unified voice in ensuring the continuation of a community owned, not-for-profit hospital in Twin Falls.

Today that partnership has grown and evolved throughout St. Luke's Health System, as more physician leaders work with hospitals, health plan providers, community members, and patients to improve health care quality, from prevention and education to acute care and the management of chronic disease. St. Luke's Clinics are found in Boise and Twin Falls, Hailey and McCall, as far north as Riggins and as far west as Fruitland. All are dedicated to physician leadership and collaboration as the key to bringing advanced, accessible health care to the communities St. Luke's serves. "Together we can develop initiatives that respond to any shortcomings," says Dr. Kurt Seppi, a family physician and member of the original Magic Valley group. "We can build innovative, value-based solutions for improvement."

Pictured below: Family Medicine physicians Dr. Ryan Melvin (left) and Dr. Steven Kotz, and pediatrician Dr. Kathryn Reese at the new St. Luke's Clinic – Addison in Twin Falls.





Eagle First Response

Ada County Paramedics Station Medic 26 moved into its new home at St. Luke's Eagle in September 2009. The station's ambulance and crew serve Eagle and parts of Garden City; this partnership brings Medic 26 to a central location, improving emergency services for local residents. In the Eagle area, emergency calls rose from 703 in 2005 to 1,236 in 2008. The new station helps EMS personnel reach their goal of responding to emergencies in eight minutes or less 90 percent of the time. The St. Luke's Eagle design planned for the inclusion of the emergency services site when the medical plaza opened in 2008.

Advanced EMT Pat Greenman, left, and Paramedic Kate Schabot at Ada County Paramedics Station Medic 26 at St. Luke's Eagle.

Meeting Community Needs

The opening of St. Luke's Clinic – Hailey in 2009 meant a new home for St. Luke's Clinic – Family Medicine and St. Luke's Center for Community Health. The 30,000 square-foot clinic also features a satellite office for St. Luke's – Elks Rehab, health care education classrooms and conference space, laboratory and radiology services, and room to expand.

St. Luke's Clinic – Family Medicine providers can now care for patients in a state-of-the-art clinic that is modern, accessible, and much larger than their previous location. And their close proximity to St. Luke's Center for Community Health allows for an even greater continuum of care. Family practice patients who need more than medical care – such as food, financial assistance, or a referral for counseling – can head right up the stairs for the services they need.



Dr. Leigh Morse, St. Luke's Clinic – Family Medicine physician, with Delia Tamayo and her son Audari.

195 doctors and
45 nurse practitioners and
physician assistants

care for patients at St. Luke's Clinics.



Friendly Faces, Caring Hearts

Often the first person a patient sees at St. Luke's Mountain States Tumor Institute (MSTI) in Boise is Cecil Link. Waiting with a smile, Cecil helps people find a place to park, gives directions, escorts them where they need to go, or helps them to a wheelchair. Down on the Lower Level, patients encounter Buck Day, a one-man welcoming committee for people scheduled for radiation therapy, wound care, gynecological oncology, or physician appointments.

"Each patient is special to me," Buck says. "They're pretty sick when they come in here, so I try to lighten things up for them." He brings in festive flowers he arranges himself, and keeps a drawer full of candy, including suckers for the kids. He likes to let patients know "they're not just cared for here – they're cared about." Cecil visits with people when they come in, makes sure they're comfortable, and keeps the coffee hot and the orange juice cold in the waiting areas.

And they can't say enough about the staff. The doctors, nurses, everyone – they're all great people, and very passionate, they both agree. And Cecil should know – he was treated for prostate and colon cancer at St. Luke's MSTI. "They took good care of me," he says, "but they do that for all their patients."

Pictured below: Buck Day, left, unit secretary/receptionist for Radiation Oncology, and Cecil Link, Information Station assistant, at St. Luke's MSTI in Boise.





Integrative Medicine

Integrative Medicine uses evidence-based complementary therapies to promote well-being and improve quality of life. Skilled practitioners work in partnership with patients and caregivers to enhance their physical and emotional health through gentle Yoga, meditation, acupuncture, nutrition, strength training, and more. Services are offered at our five St. Luke's MSTI sites and at St. Luke's Wood River.

"The Integrative Medicine program at St. Luke's has enriched my life in the most profound ways. I have been coming to classes and doing massage treatments. *Life is better. Life is good!*"

– St. Luke's MSTI patient

Expanding in the West Treasure Valley

St. Luke's MSTI Fruitland brings advanced cancer care to patients in the west Treasure Valley and eastern Oregon. Fruitland is a rural community about 50 miles west of Boise, whose residents and those of the surrounding area no longer have to travel quite so far for skilled care, state-of-the-art technology and participation in leading-edge clinical trials. Patients like receiving care closer to home, and providers like it too – it's much less stressful on patients and their families. And less stress means greater healing.

Since opening in 2002, the number of patients cared for at the Fruitland clinic has exceeded all estimations. The clinic features the same full range of services as other St. Luke's MSTI sites, the same skilled doctors, and the same patient-centered, relationship-based care. It also features highly skilled nurses – many of whom live in the community and are deeply committed to taking good care of their neighbors.

St. Luke's MSTI Fruitland physicians and staff work as a team with other medical experts – including the patient's primary care provider – and with the patient and family, who are involved in decisions that affect their care. From the linear accelerator that provides pinpoint radiation therapy, to chemotherapy treatment and wound care; from relaxation classes to counseling, nutrition, and social worker support; St. Luke's MSTI Fruitland is all about the patient.



Alice Gavne of Fruitland (above, left) lived for six years with lung cancer before dying in 2007 at the age of 72. The next year her daughter Noa Towner (above, right), founded "Pedal for Patients," a bike race to benefit the Patient Assistance Fund at St. Luke's MSTI Fruitland. "I ride in memory of my mom," says Noa, "but everyone has their own person they are riding for."



Clinical Trials Advance Medical Knowledge

Clinical trials keep doctors on the cutting-edge of their field and give them opportunities for different treatment options for their patients. As a system of community hospitals, St. Luke's is committed to bringing the newest understanding of science and technology to our patients. Research at St. Luke's is overseen by our Institutional Review Board (IRB), whose primary mandate is ensuring the utmost safety and efficacy. St. Luke's recently added a second IRB due to the increased volume of clinical trials, an increase that can be seen throughout the system. Nursing research is expanding rapidly and can be found at all four medical centers. The Cystic Fibrosis (CF) Clinic was a top enroller nationwide in their first ever clinical trial – a study of an enzyme made by bacteria and fungus to aid in digestion. Since then, four more CF trials have opened up, bringing the latest treatments to a population that did not have access to a local study prior to 2007.

At St. Luke's Idaho Cardiology Associates, a new oral anti-coagulant to prevent stroke in patients with atrial fibrillation appears to be a promising alternative to Coumadin, as it consistently thins the blood and so requires much less monitoring. A drug to raise HDL (good) cholesterol in recent heart attack patients and another to treat fluid build-up in the lungs of people with congestive heart failure are also underway. At St. Luke's Mountain States Tumor Institute (MSTI), nearly 7,000 people have participated in clinical trials in the past 25 years. Today St. Luke's MSTI exceeds the national average for patient enrollment and is nationally recognized for outreach to rural populations through clinical trials.

The Face of Clinical Research

AmyLynne Sharp, age 7, is participating in a clinical trial studying a type of "monoclonal antibody," a laboratory-produced molecule engineered to attach to cancer cells. Every week she plays games and makes crafts during her hour-long infusions. Periodic CT scans will show if the cancer is stable or shrinking. So far, her cancer has stabilized, and AmyLynne is feeling good – going to school, eating well, and riding her bike a lot. The treatment does not make her feel sick, says mom KayLynne, "but the best thing is that it's available at MSTI so we don't have to leave town for treatment."

To learn more about clinical trials at St. Luke's, visit stlukesonline.org/research.





Emergency Training

Air St. Luke's Regional Education and Simulation Lab (REAL) mobile unit delivers hands-on advanced emergency training right to the doors of local first responders, such as paramedics, firefighters, and EMTs, as well as other medical personnel. Whether in the cities, the mountains, or the rural towns, REAL allows learners to train and practice trauma scenarios to prepare them for a real emergency. All Air St. Luke's membership dollars are used for this training, making a lifesaving difference in our communities.

Pictured at left: Parma first responders practice on "SimMan," a patient simulator.

Partners in Education

St. Luke's works with area colleges and universities through innovative partnerships to ensure a strong supply of quality health care providers for our communities. A grant writing partnership with the College of Southern Idaho (CSI) has resulted in more than \$3.7 million in grants to the Magic Valley, including funds to expand nursing programs and scholarships. The "Eagle Eye" digital connection means that CSI students have a front row to a St. Luke's Magic Valley surgical suite; and many CSI and Boise State University programs use all four St. Luke's medical centers as clinical training sites.

St. Luke's partners with Boise State on many levels, including a Dedicated Education Unit for nursing rotations at St. Luke's Boise, scholarships, and support for faculty positions and capital projects. Mountain States Tumor and Medical Research Institute (MSTMRI) provides research grants to scientists at Boise State, Idaho State University, the College of Idaho, and Northwest Nazarene University; and MSTMRI's undergraduate fellowships give students the research experience they need to get into medical or other graduate schools. St. Luke's also provides financial support and residency opportunities for medical students through Family Medicine Residency of Idaho in a joint effort to bring primary care physicians to the region.



College of Southern Idaho nursing student Janet Barton works with Terry Watters, CNA at St. Luke's Wood River. All four St. Luke's medical centers provide clinical opportunities for area colleges and universities.

St. Luke's had **260** clinical trials open to patients in 2009.



Beyond the Numbers

The full value of the benefits St. Luke's provides to the communities we serve goes beyond statistics and balance sheets. Donated time, funds, and subsidies; emergency and other safety net services; and reinvestment into our facilities and equipment are significant to our commitment as a community owned, not-for-profit health care system.

Fiscal year 2009, ending September 30, 2009

	Consolidated	Boise/Meridian	Magic Valley	Wood River
We Generated				
Funds from services to our patients and available to care for patients and to invest for the future.....	\$1,044,674,669	\$791,637,145	\$206,531,161	\$46,506,363
We Spent				
Salaries and employee benefits	452,904,644	341,784,363	87,426,723	23,693,558
Medical supplies and medications	180,869,007	143,198,331	31,308,336	6,362,340
Community benefit services (support for community education, clinical services, and other partnerships).....	24,648,233	20,821,153	3,186,087	640,993
Contracts, purchased services, other.....	223,414,522	174,538,139	43,649,673	5,226,710
Money we used for state-of-the-art equipment and facilities*	159,383,632	93,871,632	54,929,000	10,583,000
Money used to provide care to the community	\$1,041,220,038	\$774,213,618	\$220,499,819	\$46,506,601
Change in amounts available for future needs after current year's expenses	\$3,454,631	\$17,423,527	(\$13,968,658)	(\$238)

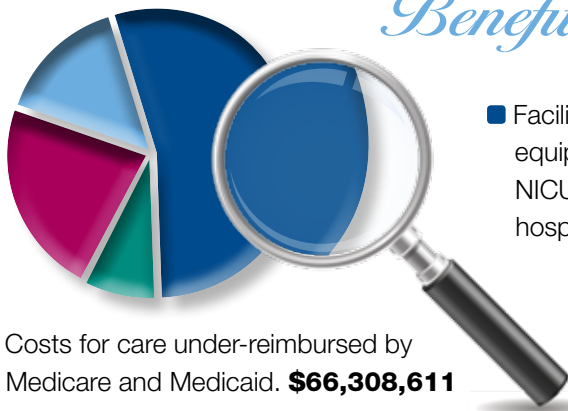
Philanthropic Support

For equipment, programs, services, and facilities to support our mission.....	\$6,694,964	\$5,302,340	\$375,244	\$1,017,380
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*Includes upgrades/new facilities in Boise, Meridian, Fruitland, and Wood River in addition to new hospital construction in the Magic Valley.



2009 Dollars Invested in Services that *Benefit Our Communities*



■ Facility expansions, renovations, and equipment additions, such as Meridian's NICU expansion and Magic Valley's new hospital. **\$159,383,632**

■ Costs for care under-reimbursed by Medicare and Medicaid. **\$66,308,611**

■ Costs of caring for our most vulnerable patients, including those who lack insurance, have little or no income, or suffer from mental illness. **\$43,571,378**

■ Investment in community health care through Family Medicine Residency of Idaho, the Garden City Community Clinic, Boise State's new Nursing building, and many others. **\$24,648,233**



St. Luke's by the Numbers

Fiscal year 2009, ending September 30, 2009

St. Luke's Boise

Licensed Beds:	403
Employees:	4,582*
Babies Delivered:	4,334
Inpatient Visits:	24,958
Outpatient Visits:	309,428
Surgeries:	16,273

St. Luke's Magic Valley

Licensed Beds:	196
Employees:	1,785
Babies Delivered:	1,671
Inpatient Visits:	10,976
Outpatient Visits:	203,619
Surgeries:	8,550

St. Luke's Meridian

Licensed Beds:	158
Employees:	970
Babies Delivered:	1,267
Inpatient Visits:	9,908
Outpatient Visits:	219,813
Surgeries:	8,237

St. Luke's Wood River

Licensed Beds:	25
Employees:	332
Babies Delivered:	302
Inpatient Visits:	1,468
Outpatient Visits:	33,850
Surgeries:	2,142

*Includes St. Luke's Boise, Eagle, MSTI, System, and Clinic employees



Facilities and Partnerships

St. Luke's Health System provides facilities and services across the region – a 150-mile radius that encompasses southern and central Idaho, northern Nevada, and eastern Oregon – bringing care close to home and family.

Medical and Cancer Centers

St. Luke's Boise
Boise, Idaho

St. Luke's Magic Valley
Twin Falls, Idaho

St. Luke's Meridian
Meridian, Idaho

St. Luke's Wood River
Ketchum, Idaho

St. Luke's Children's Hospital
Boise, Idaho

St. Luke's Eagle
Eagle, Idaho

St. Luke's Mountain States Tumor Institute
Boise, Fruitland, Meridian, Nampa (in partnership with Mercy Medical Center), Twin Falls

Specialty Clinics and Services

St. Luke's clinics and services are provided in partnership with area physicians and other health care professionals. These include:

- Breast Care/Mammography
- Cardiovascular
- Child Abuse and Neglect Evaluation
- Endocrinology
- Ear, Nose, and Throat
- Family Medicine
- Gastroenterology
- General Surgery
- Hypertensive Disease
- Internal Medicine
- Maternal/Fetal Medicine
- Medical Imaging

- Metabolic and Bariatric Surgery
- Nephrology
- Neurology
- Neurosurgery
- Obstetrics/Gynecology
- Occupational Medicine
- Orthopedics
- Outpatient Rehabilitation
- Pediatrics
- Pediatric Specialties
- Physical Medicine and Rehabilitation
- Plastic Surgery
- Psychiatry and Addiction
- Pulmonary Medicine
- Sleep Disorders
- Urology

Regional Partners

Challis Area Health Center (managed)
Elmore Medical Center (managed)
Holy Rosary Medical Center (St. Luke's MSTI Fruitland site)
McCall Memorial Hospital (managed)
North Canyon Medical Center (joint partnership) *formerly Gooding County Memorial Hospital*
Salmon River Clinic (managed)
Weiser Memorial Hospital (managed)

Rural Connection (Regional Clinical Network)

Boise State University
Elmore Medical Center
Gooding County Memorial Hospital
Idaho Elks Rehabilitation Hospital
McCall Memorial Hospital
St. Luke's Boise
St. Luke's Magic Valley
St. Luke's Meridian
St. Luke's Wood River
Syringa General Hospital
Weiser Memorial Hospital

Idaho Community Health Network (ICHN)/Southwest Idaho Community Health Network (SWICHN)

Bear Lake Memorial Hospital
Benewah Community Hospital
Bingham Memorial Hospital
Bonner General Hospital
Boundary Community Hospital
Caribou Memorial Hospital
Cascade Medical Center*
Elks Rehab Hospital*
Elmore Medical Center*
Franklin County Medical Center
Gooding County Memorial Hospital*
Gritman Medical Center
Harms Memorial Hospital
Holy Rosary Medical Center*
Kootenai Medical Center
Lost Rivers Hospital
Madison Memorial Hospital
McCall Memorial Hospital*
Mercy Medical Center
Minidoka Memorial Hospital
Oneida County Hospital
Portneuf Medical Center
Rocky Mountain Surgery Center
Shoshone Medical Center
St. Luke's Boise*
St. Luke's Magic Valley*
St. Luke's Meridian*
St. Luke's Wood River*
Star Valley Medical Center
Steele Memorial Hospital
Syringa General Hospital*
Teton Valley Hospital
Walter Knox Memorial Hospital*
Weiser Memorial Hospital*
West Valley Medical Center

*Indicates membership in the Southwest Idaho Community Health Network





 **St. Luke's Medical Centers/Medical Plaza**

 **St. Luke's Mountain States Tumor Institute**

 **St. Luke's Children's Hospital**

 **Regional Partner**

St. Luke's Boise

190 East Bannock Street
Boise, Idaho 83712

St. Luke's Magic Valley

650 Addison Avenue West
Twin Falls, Idaho 83301

St. Luke's Meridian

520 South Eagle Road
Meridian, Idaho 83642

St. Luke's Wood River

100 Hospital Drive
Ketchum, Idaho 83340

St. Luke's Children's Hospital

190 East Bannock Street
Boise, Idaho 83712

**St. Luke's Mountain States
Tumor Institute (MSTI)**

100 East Idaho Street
Boise, Idaho 83712
*Locations in Boise, Fruitland,
Magic Valley, Meridian,
and Nampa.*



stlukesonline.org

St. Luke's does not discriminate against any person on the basis of race, color, gender, national origin, disability, religion, veteran status, or age.

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