



NEWS RELEASE
For Immediate Release

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St. Luke's Offers Free Prostate Cancer Screening

Boise – This year, the American Cancer Society predicts that more than 28,000 men will die from prostate cancer.

Prostate Cancer is the most common type of cancer in men, other than skin cancer, and after lung cancer the second most deadly.

One of the best defenses against prostate cancer is annual screenings. The screenings are recommended for men over 50. Those with a family history of prostate cancer and African-American men should begin screenings at age 40.

To help increase the number of men screened, St. Luke's Mountain States Tumor Institute and St. Luke's Mountain States Urology are hosting two free prostate cancer-screening clinics in Boise and Meridian.

The clinics will be held from 6:30 p.m. to 8:15 p.m., Monday, Sept. 15 at Mountain States Urology in Meridian, 520 S. Eagle Rd., Suite 3112 and from 6:30 p.m. to 8:15 p.m., Tuesday, Sept. 16 at Mountain States Tumor Institute in Boise, 100 E. Idaho.

The goal of the clinics is to reach men who haven't had an annual screening previously.

Because space is limited, pre-registration is required. To reserve an appointment time, call 381-9000 or visit www.stlukesonline.org and click on "classes and events" choose "Boise/Meridian" and then "cancer related."

The screening will include both a blood test and digital rectal exam.

The exam can often determine if the prostate is enlarged or has nodules, which could indicate problems.

The blood test looks for and determines the levels of prostate specific antigen (PSA). Higher levels of PSA and indicate prostate cancer.

The combined tests allow for better detection of cancer and early treatment.

According to the American Cancer Society's most recent data, when prostate cancer is discovered early the 5-year survival rate of men with prostate cancer is 100 percent and the 10-year rate is 92 percent.

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